

ACTIVITY 2

Find My Group

Happy

Frustrated

Mad

Sleepy

Bored

Impatient

Sad

Nervous

Confidence

Lying

Nonverbal Communication

1. What emotions were the easiest for you to communicate through body language? Why?

2. What emotions were the hardest for you to communicate through body language? Why?

3. During the group activities, which types of body language were the easiest for you to understand? Why?

4. During the group activities, which types of body language were the hardest for you to understand? Why?

5. What ways can body language affect a workplace either positively or negatively?

6. What else have you learned about body language in today's lesson?
